

Erasmus+

A WEEK IN DENIA

ERASMUS+ project in the Valencian Community, Spain

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OUR PROJECT ABOUT "SUSTAINABLE TOURISM"

17-23 may 2026

SUNDAY

MAY 17th

On Sunday we met in the early morning to catch a bus and a plane to Alicante. Families were there to welcome us and take us home with their cars, but not before taking pictures all together with our host students. Some of us had the chance to explore the surroundings with the host families, and the others just stayed at home to unpack the suitcases and chat.











MONDAY

MAY 18th

On Monday we went to the Spanish school and we had a tour. We saw all the differences between this and our school. Then we had a Goosechase game in the centre of Denia, in order to visit the city and explore aspects of responsible tourism.
It was very interesting and funny. In the afternoon most of us went to the beach and we had great time together!













TUESDAY

MAY 19th

On Tuesday we went to school and we worked on our project about sustainable tourism: an infographic of do's and dont's. We also attended some classes like tecnology or Castellano. After that we went to the beach and we did an activity in which we picked up the trash we could find in the sand. In the afternoon some of us went to the Montgo and we did a beautiful trekking up to the Cova de l'Aigua.









WEDNESDAY

MAY 20th

On Wednesday we went to school and had 2 hours of lessons in our host students' classes. Then we took an hour-long tour on a catamaran with "Mundo Marino" to admire the vegetation on the coast near Denia, we reached "la cueva tajada".
In the afternoon, we did an environmental survey to interview some tourists and locals in Denia,to find out what they think about sustainable tourism and their opinions about the impact of tourism on environment and cities. We walked through the streets of Denia and finally went to the beach to play beach volley together.







THURSDAY

MAY 21st

On Thursday we went to Benidorm and we visited the city. There we continued our project about sustainable tourism in the city. We had to complete various tasks, analysing the noise pollution and presence of green areas around the city. In the afternoon, back to Denia, we went to visit the castle -and the defensive walls. After that we went to the supermarket in order to buy the ingredients needed for the paella. Then most of us went to the beach, played volleyball and we saw the sunset.











FRIDAY

MAY 22nd

On Friday, we went to school and had the first few hours of classes with our host students. Afterward, we went to the Erasmus class and finished our infographies with the do's and don't's about sustainable tourism, and each group presented their own. We then went out into the courtyard where we cooked Paella. After eating it all at once, there was the ceremony to present the erasmus certificates. In the evening, some of us went to the beach to have dinner together and enjoy the last night in Spain, while others organised a barbecue with the host families.

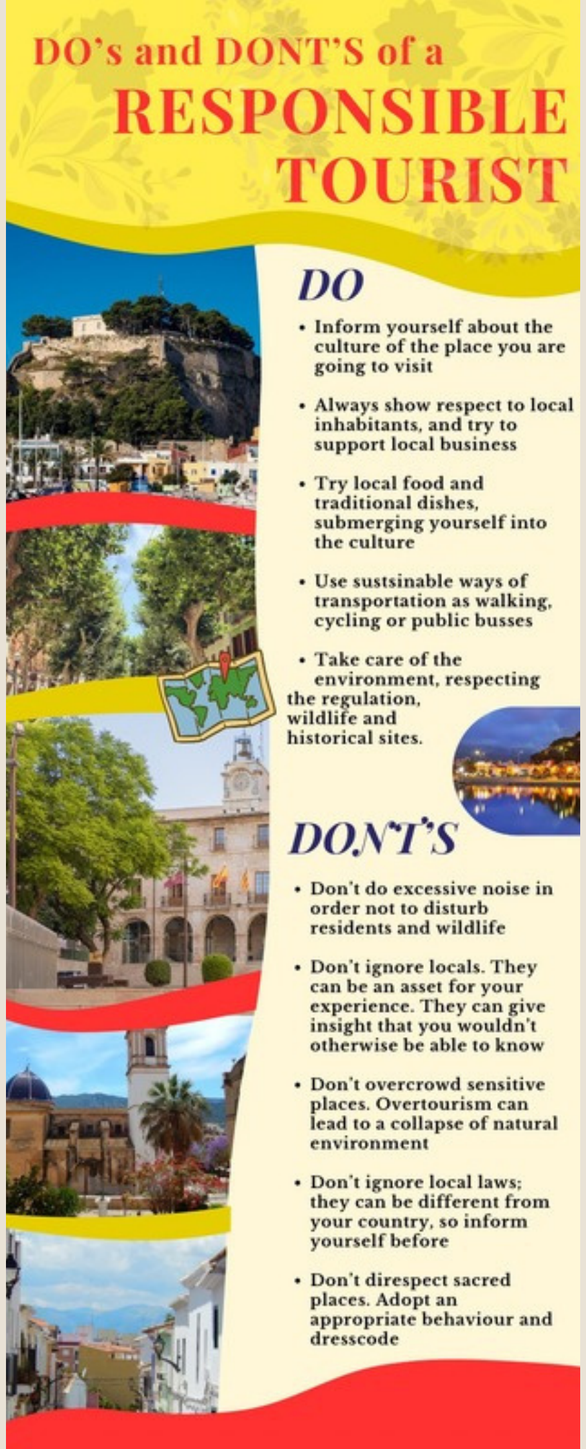




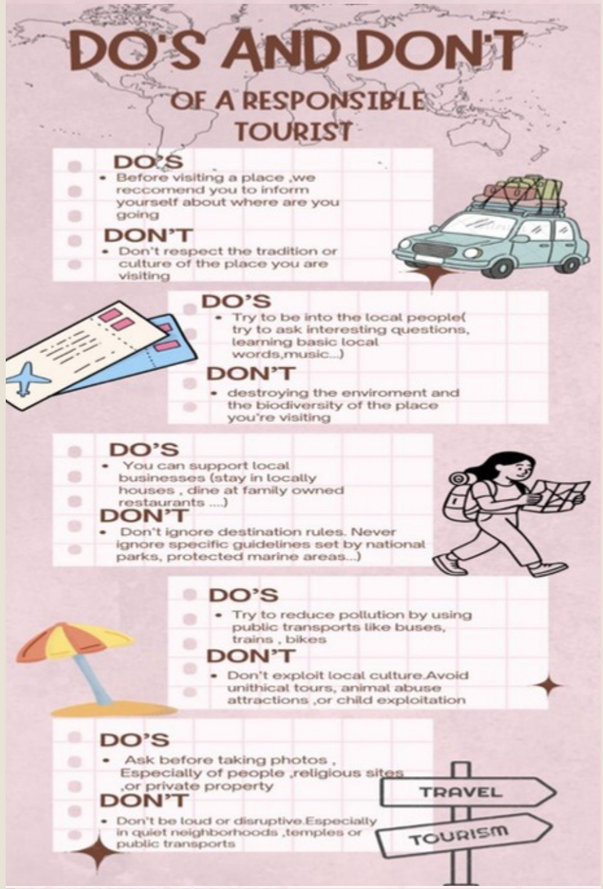




SOME EXAMPLES OF OUR INFOGRAPHICS







SOME EXAMPLES OF OUR INFOGRAPHICS



Do's of a responsible tourist

Respect The People

By respecting the people wherever you go, not only do you get a better experience of the place but you also get locals to be comfortable around you. Be polite!

1

Respect The Language

2

Don't expect everyone to know your language, try to learn some words in theirs to get through

Respect The Culture

A responsible tourist learns about local traditions, customs and laws while he behaves respectfully towards it.

3

Respect The Environment

4

Avoid littering, waste, save water and energy, and protect nature by not damaging wildlife or natural areas.

Respect the economy

Always try to spend your money in local businesses, they usually have the best products and it will help money enter into the city

5

Dont's of a responsible tourist

1

Being rude towards locals

By being rude to locals, not only do you rise society's hates towards tourists but you also get a worse experience.

Impose Your language

You should not expect locals to speak your language, try to speak in english or in the local language. If someone is trying to speak your language, don't correct them!

2

Complain about traditions

3

You should not complain about local traditions, either respect and participate in them or stay at your hotel.

Litter Natural places

You should try not to litter the city and its surroundings and inform yourselves about the rules of the places you are going, specially if you are planning on going to a natural reserve.

4

Spend your money in foreign shops

5

If you are going to spend money on dinner, try to go to a local shop or restaurant rather than to McDonald's, so that the place's economy can grow.

Pietro Espinoza and Alejandro Morejón Fosati

DO'S & DONT'S

DO'S

Travel during off-peakseasons to reduce overcrowding



DO'S
Eat local food and go to local restaurant



DONT'S
Trow trash on the ground

DONT'S
Judge and make fun of a culture

DO'S
Respect the environment and the culture



DO'S
Use eco-friendly transport when possible,suchas walkingor cycling



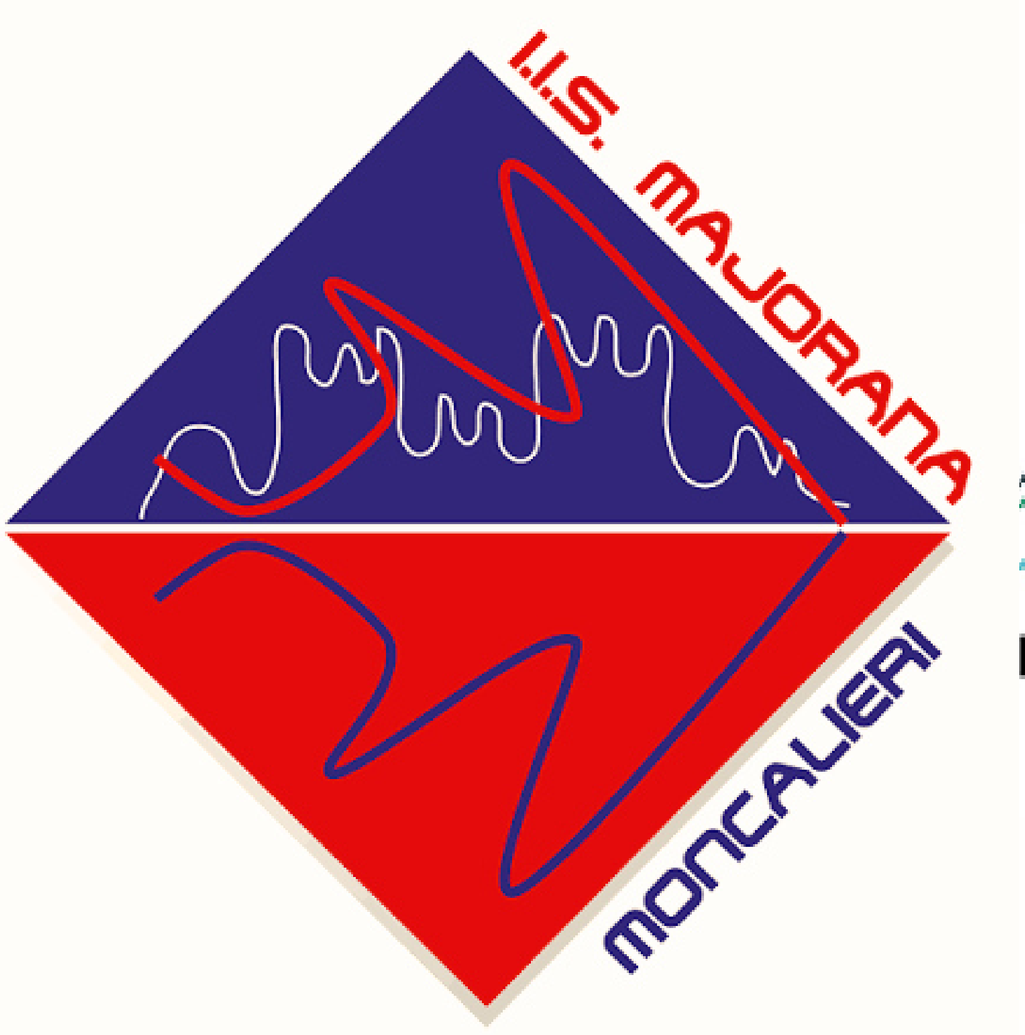
DONT'S
Be loud and bother locals

DONT'S
Waste food, water, or energy.

DO'S
A reusable water bottle and not the plastic ones



DONT'S
Pick flowers, plants, or coral.


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MONCALIERI


IES Historiador
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